| 1 | Integration of dendrochronological and palaeoecological disturbance |
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| 2 | reconstructions in temperate mountain forests |
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27 Highlights

28 - Integration of dendrochronological and palaeoecological disturbance reconstructions.

- Increase in disturbances in temperate mountain spruce forests from 1600s.

30 - The concurrent occurrence of disturbance agents create a complex disturbance regime.

- Management and conservation strategies should consider the multiple disturbance agents.

32

33 Abstract

34 Disentangling the long-term changes in forest disturbance dynamics provides a basis for predicting

35 the forest responses to changing environmental conditions. The combination of multidisciplinary

36 records can offer more robust reconstructions of past forest disturbance dynamics. Here we link

37 disturbance histories of the central European mountain spruce forest obtained from

38 dendrochronological and palaeoecological records (fossil pollen, sedimentary charcoal, bark beetle

39 remains and geochemistry) using a small glacial lake and the surrounding forest in the Šumava

40 National Park (Czech Republic). Dendrochronological reconstructions of disturbance were created for

41 300-year-long records from 6 study plots with a minimum of 35 trees analyzed for the abrupt growth

42 increases (releases) and rapid early growth rates, both indicative of disturbance events. High-

43 resolution analysis of lake sediments were used to reconstruct 800-year long changes in forest

44 composition and landscape openness (fossil pollen), past fire events (micro- and macroscopic

45 charcoal), bark beetle occurrence(fossil bark beetle remains), and erosion episodes (geochemical

46 signals in the sediment) potentially resulting from disturbance events.

47

Tree-ring data indicate that disturbances occurred regularly through the last three centuries and identify a most intensive period of disturbances between 1780 and 1830 CE. Geochemical erosion markers (e.g. K, Zr, % inorganic) show greater flux of catchment sediment and soils in the periods 1250–1400 and 1450–1500 CE, before a substantial shift to a more erosive regime 1600–1850 and 1900 CE onwards. Pollen records demonstrate relatively small changes in forest composition during

last 800 years until the beginning of the 20th century, when there was decrease in *Picea*. Fossil bark 53 54 beetle remains indicate continuous presence of bark beetles from 1620s to 1800s, and charcoal 55 records suggest that more frequent fires occurred during the 18th century. Each of the 56 dendrochronological, palaeoecological and sedimentological records provide a unique perspective on 57 forest disturbance dynamics, and combined offer a more robust and complete record of disturbance 58 history. We demonstrate that sedimentary proxies originating from the lake catchment mirror the 59 forest disturbance dynamics recorded in the tree-rings. However, the multidisciplinary records likely 60 record forest disturbances at different spatial and temporal scales revealing different disturbances 61 characteristics. Integrating these multidisciplinary datasets demonstrates a promising way to obtain 62 more complete understanding of long-term disturbance dynamics. However, integrating datasets 63 with variable spatial and temporal influence remains challenging. Our results indicated that multiple 64 disturbance factors, such as windstorms, bark beetle outbeaks and fires, may occur simultaneously 65 creating a complex disturbance regime in mountain forests, which should be considered in forest 66 management and conservation strategies.

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Keywords: Disturbance, forest dynamics, bark beetles, fire, pollen, geochemistry, tree-rings, *Picea abies*

70

71 **1. Introduction**

Natural disturbances such as windthrows, insect outbreaks, droughts and fires maintain the high diversity and structural characteristics of natural temperate forest ecosystems (Kulakowski et al., 2017). In recent years, natural disturbances have intensified and the changing climate, together with increasing anthropogenic influence, have put temperate mountain forests under increasing pressure that may affect the resilience of these forests (Reyer et al., 2015; Thom et al., 2017). In central European temperate mountain forests, insect outbreaks and windthrow events have caused large disturbances during the last few decades (e.g. Schelhaas et al., 2003; Čada et al., 2013, 2016a;

79 Holeksa et al., 2017). Windstorms and insect outbreaks are considered as the main disturbance 80 agents in these mountain ecosystems. However, there is an increasing number of studies 81 demonstrating the importance of fire as a disturbance agent in temperate forest ecosystems (e.g. 82 Niklasson et al., 2010; Feurdean et al., 2017; Bobek et al., 2018; Carter et al., 2018) and predictions of 83 increasing climate extremes, such as droughts, may increase the future risk of fires in central 84 European ecosystems (IPCC). As it is uncertain how forest ecosystems will respond to the future 85 changes, knowledge of long-term changes of natural and human-induced disturbances, and 86 understanding the processes behind them is crucial to apply the best management practices to 87 maintain the ecological diversity and ecosystem services.

88

89 Dendrochronology has been widely used to reconstruct stand-scale disturbance dynamics and their 90 impact on forest ecosystems. These disturbance reconstructions from tree-rings can extend a few 91 hundred years back in time and provide valuable information about disturbance frequency and 92 severity (e.g. Svoboda et al., 2013; Čada et al., 2016a; Holeksa et al., 2017; Janda et al., 2017). 93 However, it is problematic to assess the long-term changes in disturbance history based on 94 dendrochronological records alone, because these records usually span just one tree generation. It is 95 also impossible to identify the disturbance agent, because prevailing agents such as windstorms, bark 96 beetle outbreaks, and logging are not recorded in tree-rings by any specific feature. Palaeoecological 97 data, such as pollen, macrofossils, and charcoal, derived from sedimentary archives provide 98 information of past disturbance history over millennial scale and can provide means to assess the 99 possible disturbance agents in long-term perspective. Where dendrochronological datais accurate at 100 the spatial (single tree) and temporal (annual) scale, this accuracy is limited to km's and decades in 101 palaeoecological records, respectively. In addition to dendrochronological and palaeoecological 102 records, physical properties of lake sediments, measured using the sediment geochemistry and grain 103 size, reflect erosion events (e.g. floods) and change in the baseline erosion regime of the catchment 104 (Davies et al., 2015). Physical properties thereby provide means for identifying potential landscape

105 responses to forest disturbances. These multidisciplinary approaches used to reconstruct 106 disturbances reveal different spatial and temporal aspects of disturbance regimes, and highlight the 107 effects that disturbances can have on forest ecosystems. This highlights the importance of 108 integrating multidisciplinary records to enable us to understand the complex processes behind the 109 mountain forest dynamics. The integration of dendrochronological, palaeoecological and 110 sedimentological records in disturbance reconstructions provide a more robust and complete record 111 of disturbance history, and are essential to identify the impact of disturbances on forest ecosystems 112 with changing climate dynamics.

113

114 There have been previous studies including both dendrochronological and palaeoecological methods 115 to reconstruct for example past climate (e.g. Edwards and Dunwiddie 1985; Helama et al. 2012), 116 natural and anthropogenic environmental change (e.g. McLachan et al. 2000) and past fire dynamics 117 from fire scars (e.g. Niklasson et al., 2002; Drobyshev et al., 2004; Higuera et al., 2005; Stivrins et al., 118 2019). Here we link, for the first time to our knowledge, dendrochronological (300-years long) 119 disturbance reconstruction based on changes in tree-ring width with multiproxy sedimentological 120 and palaeoecological (800-years long) datasets from a central European mountain spruce forest, in 121 which windthrows and bark beetle outbreaks are expected to be the prevailing disturbance agents. 122 Precise dendrochronological disturbance reconstruction based on trees' growth rate changes is 123 coupled with; 1) high-resolution fossil pollen records to reconstruct the changes in forests 124 composition and landscape openness, 2) sedimentary charcoal to reveal the past fire events, 3) fossil 125 bark beetle remains to identify insect outbreaks, and 4) variations in sediment geochemistry and 126 grains size to detect changes in the catchment erosion regime associated with disturbance events in 127 the lake catchment. The main objectives are to i) produce a long-term (800 years) disturbance history 128 in the mountain spruce forest, ii) to assess the possible disturbance agents and the impacts in the 129 lake catchment and iii) to evaluate the integration of dendrochronological, palaeoecological and 130 sedimentologicaldata in providing a multidisciplinary reconstruction of forest disturbance history.

132 **2. Methods**

133 2.1 Study area

134 The study area is located in the temperate vegetation zone in Bohemian Forest, Šumava National 135 Park (NP), Czech Republic, central Europe (Fig. 1). Bedrock of the lake catchment belongs to the 136 crystalline complex of the Bohemian massive and consists of gneisses (Cháb et al., 2007). Soils are 137 shallow and poor, dominated by podsols and stony soils (Kozák, 2010). Climate is cold with mean 138 annual temperature of 4 °C, and a mean annual precipitation of 1200 mm (Tolasz et al., 2007). The 139 mountain glacier in the area was deglaciated ~14,000 cal yr BP (Mentlík et al., 2010). The study site, 140 Laka is a shallow (maximum depth 4 m) mesotrophic lake located at 1096 m.a.s.l. being at the highest 141 elevation of the eight glacial lakes formed in the glacial circues in the Bohemian Forest. It is also the 142 smallest with surface area of circa 2.8 ha, a catchment area of 1,35 km² and catchment:lake area 143 ratio at 48:1, which is conducive for recording catchment processes.

144

145 [Figure 1.]

146

147 The present vegetation in the Laka catchment is composed of the nearly monospecific Norway spruce (Picea abies) forests, with minor components of rowan (Sorbus aucuparia), Sycamore maple 148 149 (Acer pseudoplatanus), fir (Abies alba), and beech (Fagus sylvatica) (Neuhäuslová and Moravec, 150 1998). The vegetation community is mostly comprised of grass species Calamagrostio villosae-151 Piceetum; with patches dominated by Calamagrostis villosa (Chaix), Deschampsia flexuosa, and 152 blueberry (Vaccinium myrtillus) growing on more stony soils (Neuhäuslová and Moravec, 1998). 153 154 The Mountain regions in Šumava NP have remained in relatively natural conditions until fairly 155 recently. Intensive colonization of the foothills and logging of the Bohemian Forest linked to the glass

and metallurgy industries occurred during the 14th century. However, the higher parts of the

157 Bohemian forests were not colonized until the 18th century onwards (Kozáková et al., 2015). Old

158 growth forest with minimal human disturbance during last centuries (Čada et al., 2016a)

159 characterizes the mountain spruce forests surrounding the lake catchment, which provides valuable

160 opportunity to assess the natural processes behind the disturbance history.

161

162 2.2 Dendrochronological analyses

163 Six plots used for the dendrochronological analysis is located circa 0.2–1.6 km from the lake (Fig. 1). 164 Four of these plots were already published in landscape level study of Čada et al. (2016a) and two 165 plots were additionally sampled for this study using the same method. The plot size was 1000 m² to 166 obtain increment cores from at least 35 trees within the plot. The ring width measurement and cross 167 dating of increment cores were conducted using standard techniques. In accordance to traditional 168 dendrochronological approach, individual tree-ring series were analyzed for two ring-width patterns 169 that indicate past disturbance events: abrupt and sustained growth increases (releases from 170 suppression) and rapid early growth rates (Lorimer and Frelich, 1989). In order to classify annual 171 tree-ring growth as a release, the absolute growth increase between subsequent 10-year means had 172 to exceed 0.55 mm. In case there were multiple subsequent years exceeding the 0.55 mm release 173 threshold, the maximum growth year within a 20-year interval (±10 years) was identified as a release 174 year. The average ring width of 6th-15th ring had to exceed 1.0 mm to classify the first year of the 175 series as a year of rapid early growth rate (Čada et al., 2016a). The threshold values specific for 176 Norway spruce were obtained from the literature and have been verified during our previous studies 177 using extensive tree-ring data and our experience with growth variation of the species (see; Čada et 178 al. 2016a). The stand-level disturbance chronology was based on the number of trees that indicated a 179 disturbance event at each decade relative to the number of trees available within a given decade. 180 The beginning of the chronology was set to 1720s, when the number of available trees and plots was 181 5 and 3, respectively. The number of samples and the robustness of dendrochronological disturbance 182 estimations increased dramatically after 1800s (87 and 6 available trees and plots, respectively).

184 2.3 Sediment sampling

185 A 1.5 m sediment profile (Laka 15-1) was collected from 1.6 m depth of water and sampled from a 186 floating platform using a Russian-style (1.5 x 0.075 m) corer. The sediment-water interface was 187 collected using a gravity corer (Laka 15-1GC) (Boyle, 1995). The cores were taken to the laboratory in 188 the University of Liverpool for wet sediment geochemical analysis (Olympus Delta XRF) and high-189 resolution (15 μ m) photography under uniform lighting with a Linescan Camera on a Geotek Multi-190 sensor Core logger and subsampling. Sediment core were stored at + 4 °C for further analysis. 191 Subsamples were taken at 1 cm intervals to analyse fossil pollen and non-pollen-palynomorphs, 192 micro- and macroscopic charcoal, fossil beetles, particle size, near-infrared spectrometry and dry 193 mass specific geochemistry using an energy dispersive X-ray Florescence (ED-XRF) analyser. 194 195 2.4 Sediment chronology 196 Independent age control for the top 10 cm of the sediment profile at Laka was determined using 197 records of the fallout radionuclides Pb-210, Cs-137 and Am-241 (Appleby and Oldfield, 1978; Appleby 198 et al., 1991) (Table 1). Measurements of these radionuclides were carried out by direct gamma 199 spectrometry using Ortec HPGe GWL series well-type coaxial low background intrinsic germanium 200 detectors (Appleby et al., 1986) at the Environmental Radioactivity Research Centre in Liverpool, UK 201 (See more detailed description from APPENDIX A.1).

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The stratigraphy of the long-core was secured by 10 AMS C-14 dates (Table 1) targeting hand-picked terrestrial-sourced plant macrofossils (e.g. *Picea abies* needles) measured at the Poznań Radiocarbon Laboratory, Poland. All the geochronological data (Table 1) including the sediment surface (2015) were integrated within a Bayesian age-depth modelling routine 'BACON' (Blaauw and Christen, 2011) using a Student-t distribution that considers scatter in the ¹⁴C measurements and allows for statistical outliers. The Bayesian analysis (Christen and Perez, 2009) partitioned the core into 36 sections (0.05 209 m thick) estimating the accumulation rate for each segment using a Markov Chain Monte Carlo

210 (MCMC) approach. The modelling was constrained by a prior model of sediment accumulation rate (a

- gamma distribution with mean 5-year cm-1 and shape 1.5) and its variability (memory, a beta
- distribution with mean 0.32 and shape 18). All ¹⁴C ages were calibrated and modelled in 'BACON'
- using the IntCal13 curve (Reimer et al., 2013) (Fig. 2).
- 214

Table 1. Radiocarbon results for the long-core Laka-15 and lead 210 dating results for core LAK 15-

216 1GC

| L7 | Depth | Laboratory | ¹⁴ C Age ± | Assigned ²¹⁰ Pb | Assigned age | Material |
|----|-------|------------|-----------------------|----------------------------|--------------|----------------|
| 8 | (cm) | ID | | (Year CE) | (cal yr BP) | |
| 19 | 163 | Pb210_1 | | 2015 ± 0 | -65 | |
| 20 | 164.5 | Pb210_2 | | 2009 ± 1 | -59 | |
| 21 | 165.5 | Pb210_3 | | 1996 ± 2 | -48 | |
| 22 | 166.5 | Pb210_4 | | 1981 ± 3 | -31 | |
| 23 | 167.5 | Pb210_5 | | 1965 ± 4 | -15 | |
| 24 | 168.5 | Pb210_6 | | 1948 ± 5 | 2 | |
| 25 | 169.5 | Pb210_7 | | 1933 ± 6 | 17 | |
| 26 | 170.5 | Pb210_8 | | 1925 ± 7 | 25 | |
| 27 | 171.5 | Pb210_9 | | 1925 ± 7 | 25 | |
| 28 | 172.5 | Pb210_10 | | 1915 | 35 | |
| 29 | 173.5 | Pb210_11 | | 1899 | 51 | |
| 30 | 193.5 | Poz-81584 | 130 ± 30 | | | Plant material |
| 31 | 207.5 | Poz-94514 | 340 ± 30 | | | Plant material |
| 32 | 220.5 | Poz-84784 | 195 ± 30 | | | Plant material |
| 33 | 244.5 | Poz-84785 | 150 ± 30 | | | Plant material |
| 34 | 274.5 | Poz-85123 | 310 ± 30 | | | Plant material |
| 35 | 305.5 | Poz-85124 | 630 ± 30 | | | Plant material |
| 86 | 325.5 | Poz-94517 | 880 ± 30 | | | Plant material |

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- 238

239 [Figure 2.]

240

241 2.5 Sedimentary analyses

242 2.5.1 Physical properties and geochemistry

243 The long and gravity cores were subsampled at 1 cm intervals, freeze dried for 48 – 60 hours 244 collecting water content data (%). Major and trace element concentrations were determined using a 245 Bruker S2 Ranger ED-XRF for the gravity core and Spectro XEPOS 3 ED-XRF for the long core. For both 246 ED-XRF, the samples were hand pressed and measured under a He atmosphere under combined Pd 247 and Co excitation radiation and using a high resolution, low spectral interference silicon drift 248 detector. Daily standardisation procedures provide a system check on both ED-XRF and they have 249 comparable accuracies verified using 18 certified reference materials (Boyle et al., 2015). Particle size 250 distributions (PSD) were measured for all samples across the range $0.375-2000 \ \mu m$ using a Coulter LS 251 13 320 Single-Wavelength Laser Diffraction Particle Size Analyser. Hot H₂O₂ pretreatment removed 252 organic matter from the PSD samples, with samples dispersed Na₆O₁₈P₆, sonicated and run under 253 sonicating measurement conditions. Results are the average of three repeats following elimination of 254 outliers. The Coulter LS320 undergoes regular calibration checks using samples with known size 255 distributions and particle size frequency statistics were calculated using standard geometric formulae 256 using the GRADISTAT 8.0 software (Blott and Pye, 2001).

257

258 Near Infrared Spectrometry (NIRS) by diffuse reflectance were measured for all sediment samples 259 using a Bruker MPA Fourier-Transform NIRS using an integrating sphere. All samples were 260 homogenised by grinding and were lightly hand pressed, with the NIR spectra produced from 64 261 scans at an 8 cm⁻¹ interval across the range 3595–12500 cm⁻¹. We used multiple regression of the NIR 262 spectra for a selection known composition end-member materials (EMS-MR, Russell et al., 2019) to 263 interpret the unknown composition lake sediment samples from Lake Laka. The EMS-RC provides 264 simultaneous quantification of major sediment components; here these were end member spectra 265 for local bedrock, biogenic silica (diatoms) and organic matter (see Russell et al. 2019). The end 266 members were minerogenic late glacial muds from nearby Prášilské lake, which we regard as 267 representative of the catchment bedrock. A marine diatom sample treated with H₂O₂ to remove any

organic material to reflect the proportion of biogenic silica. The organic component of the lake sediment were rationalised to an ombrotrophic peat sample including less decomposed plant remains and humic compounds. The fitting of these end member materials included sensitivity analysis using other end member selections for all three components across a wider library of materials to obtain the overall best fitting performance, defined by high R² of the sample multiple regressions (> 0.85).

274

275 The catchment-lake area ratio (48:1) for Laka is conducive to efficient flux of detrital materials from 276 catchment to the lake, and so the down core patterns of major geochemical elements are likely to 277 reflect changes in the erosion regime. Geochemical ratios for Si:Al and Zr:Rb provide information on 278 indications of biogenic silica and the presence of coarser grain sizes, respectively (Davies et al., 2015). 279 Changes sediment sources, availability and the energy in the catchment most likely guided changing 280 in properties like the mean grain size, the coarsest grains (e.g. 90th percentile) and degree of sorting. 281 The NIR spectra provide parallel reconstructions of the proportions mineral, biogenic silica (diatom) 282 and organic matter in the sediments. Principal components analysis (PCA) was used to explore the 283 relationships between geochemical, grain size and NIRS down-core patterns. A stratigraphically 284 constrained cluster analysis for all these parameters, after standardisation to ± one standard 285 deviation unit length, produced dendrograms that identify the major changes in the stratigraphy.

286

287 2.5.2 Pollen and non-pollen palynomorph analysis

Subsamples of 0.5 cm³ were extracted in 1 cm resolution and processed standard procedures of KOH-, acetolysis- and HF-treatment (Fægri et al. 1989). In order to calculate microfossil concentrations (grains cm⁻³) and accumulation rates (PAR; grains cm⁻² yr) *Lycopodium* marker spores were added into the subsamples (Stockmarr, 1972) prior-to the sample preparation. The samples were mounted in glycerine and a minimum of 500 terrestrial pollen grains were identified using a 400x magnification. Pollen identification is based on Beug (2004), Moore et al. (1991), and a reference

collection at Charles University in Prague. Results are presented as a proportion of each pollen taxon
from the total sum of terrestrial taxa. The pollen ratio between the sum of arboreal pollen (AP) taxa
and the sum of non-arboreal pollen (NAP) taxa indicating more open landscape were used to detect
opening of forest canopy related to disturbance events. The summed percentage of Cerealia-type, *Secale cereale, Centaurea cyanus*-type, *Fagopyrum, Plantago* sp., *Rumex* sp. and *Urtica* were used as
an indicator of anthropogenic activity.

300

In addition to pollen, non-pollen palynomorphs (NPP: microfossil remains of fungi, insect, algae and
cyanobacteria) were analyzed simultaneously with pollen from microscopic slides. NPPs provide
valuable additional proxy information for past disturbances and changes in the lake catchment (van
Geel, 2002). Identification of NPPs was based on van Geel (1998). Pollen and NPP data were plotted
using the C2 program (Juggins, 2003).

306

307 2.5.3. Fossil bark beetle analysis

For the analysis of bark beetles (Coleoptera: Curculionidae: Scolytinae), sediment was sieved over
100 µm mesh in order to retain all insect and botanical macro fossils (Hofmann, 1986; Birks, 2007).
Beetle remains were picked under a stereomicroscope with 50x magnification and bark beetles were
identified with the help of a small collection of Scolytinae species and an identification key of
Scolytinae of Czechoslovakia (Pfeffer, 1989). Primary (species feeding on healthy trees) and
secondary (species feeding on dying or dead trees) bark beetles were identified and their remains
were used for the reconstruction of the minimum number of individuals (MNI) per sample.

316 2.5.4 Charcoal analysis and detection of fire events

317 Macroscopic charcoal particles (> 200 μm) were used to detect local fires, where microscopic

318 charcoal provides a signal of regional fire history (Whitlock et al. 2001). For the reconstruction of

319 regional fires, microscopic charcoal was analyzed concurrently from the same microscopic slides used

320 for pollen and NPP identification. Opaque, sharp-edged particles (> 5 μ m) were identified as charcoal 321 (Scott, 2010). The total concentrations (particles cm⁻³) and influx (particles cm⁻² yr) of microscopic 322 charcoal fragments were calculated for each sample. For the reconstruction of local fire events, 323 macroscopic charcoal was analyzed following the method adapted from Mooney and Tinner (2011). 324 Subsamples of 0.5-1 cm³ were soaked in a 20 ml solution of sodium hexametaphosphate ((NaPO₃)₆) 325 and 10 ml of potassium hydroxide (KOH; 5 %). Samples were carefully sieved through a 250 µm 326 mesh, and then bleached using a solution of 1 or 2 ml of NaOCl (8%). After bleaching samples were 327 once more sieved through a 125 µm mesh. Macroscopic charcoal particles were first recorded under 328 a binocular microscope and then ImageJ (https://imagej.nih.gov/ij/) software was employed for 329 analyzing charcoal area measurements and counts using 8-bit images at a threshold of 137 greyscale 330 units (ie 137–255 greyscale units) following Halsall et al. (2018). The total concentrations and influx 331 of macroscopic charcoal area and counts were calculated for each sample.

332

333 CharAnalysis software, applying a signal-to-noise index (SNI) to separate peaks in the charcoal record 334 from background variability (Higuera 2009, 2010; Kelly et al., 2011) were used for assessing the 335 regional and local fire events. Microscopic charcoal concentrations (particles cm⁻³) were used to 336 determine regional fires. Macroscopic charcoal concentrations (particles cm⁻³) were used to assess 337 the local fire history. First both records were interpolated to mean temporal samples resolution and 338 then separated into a low-frequency background component (BCHAR) and a peak component using 339 the CharAnalysis software (Higuera, 2009). In both cases smoothing with LOWESS regression within a 340 100-year moving-window was applied to determine the background component. The peak 341 component was calculated as residuals between interpolated charcoal records and BCHAR (C_{peak} = 342 CHAR_{int}-BCHAR) and evaluated using the 99th percentile of a Gaussian mixture model in order to 343 separate fire events reflected by charcoal peaks from the background noise. Furthermore, detected 344 peaks in microscopic charcoal records were screened using minimum-count peak (p = 0.05) test in 345 CharAnalysis.

| 347 | Determination of the macroscopic charcoal area has proven to be a reliable method for detection of |
|--|---|
| 348 | local fires, when the number of charcoal particle counts is low (Ali et al., 2009; Halsall et al., 2018). |
| 349 | Therefore macroscopic charcoal area measurements (the area of particles mm ² cm ⁻² yr), were used |
| 350 | as additional proxy to assess local fires. |
| 351 | |
| 352 | 2.5.5 Comparison of dendrochronological and palaeoecological data |
| 353 | To compare the palaeoecological records and the disturbance history based on dendrochronological |
| 354 | records, all palaeoecological data (pollen, Glomus spores, sedimentary charcoal, bark beetles) were |
| 355 | combined to 10-year bins corresponding the decadal resolution used in tree-ring based disturbance |
| 356 | reconstruction (e.g. 1710–1720, 1720–1730, 1730–1740 etc.) and plotted using C2 –program |
| 357 | (Juggins, 2003). |
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| 359 | 3. Results |
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372 [Figure 3.]

373

374 3.2 Disturbance signals from the lake sediments

375 *3.2.1 Trends in the physical properties and geochemistry*

376 In the physical properties measured for the Laka sediments 68.5% of the variation in a Principal 377 Components Analysis (PCA) is summarised on the first two components (Fig. 4). The geochemistry, 378 NIRS end member components and grain size parameters (d90, d50 and sorting) form three distinct 379 groupings in the PCA. Group 1 includes organic content and elements that strongly associate with 380 organic matter (Br, S and Cl). Group 2 associates NIRS-inferred biogenic silica with Si (mg m-1) 381 measured by XRF, which suggests firstly that biogenic silica dominates these samples and second the 382 Si:Al ratio (Davies et al., 2015) should be a strong measure of biogenic silica that is independent of 383 NIRS-inferred biogenic silica. Coarser grains size and poor sorting also associate in part with biogenic 384 silica indicating that larger diatoms may be affecting grain size measurements for more organic older 385 samples. Group 3 (a+b) includes a large number of primarily minerogenic indicators including NIRS-

inferred mineral content and a series of lithogenic elements (e.g. Al, K, Zr, Ca and Ti).

387

388 [Figure 4.]

389

390 The cluster analysis of the physical properties highlights a series of major stratigraphical changes 391 through the last 800 years and provides a basis for zoning the sediment sequence (Fig. 5). There is 392 some separation with Group 3 with elements Cu, Pb, P and As plotting higher on PC2 closer to the 393 organic Group 1, the more easily remobilized elements (AI, Zn and Cr) plot lower on PC2, with the 394 more stable elements in the middle (Ti, Zr, K). There is a strong stratigraphical order to the 395 distribution of samples within the PCA progressing between the organic Zones 1, 3a and 4 with 396 abundant biogenic silica, and Zones 2 and 3b a mix of organic and mineral matter (Fig. 5). The 397 transition to Zones 5 and 6 reflects a substantial shift in the erosion regime in the catchment

398 producing limnic muds composed dominantly of minerogenic sediment and containing less organic 399 and diatomaceous material. Zone 7 shows evidence for a reduction in minerogenic material with 400 more diatom-rich sediments. Zone 8, the most recent sediments, plot as outliers in the PCA with 401 fluctuations in concentrations of biogenic silica, and a switch to lithogenic elements of the more 402 easily mobilized variety (Al, Zn and Cr).

403

404 [Figure 5.]

405

406 *3.2.2 Physical properties and geochemistry*

407 Zone 1 (1200–1265 CE): has moderately low minerogenic content, but without being particularly 408 inorganic. Interpretation of the NIRS and Si:Al ratios reflect high concentrations of biogenic silica (Fig. 409 5). Laka appears quite productive and has a relatively stable catchment limiting the flux of 410 minerogenic materials. Zone 2 (1265–1395 CE): begins with a sharp increase in mineral and organic 411 content, with sharp declines in biogenic silica. Concentrations of the detrital lithogenic elements all 412 increase mirrored by increases in grain size. The d90 (µm) displays a series of peaks showing coarse 413 in-wash events that resemble flood or similar high-energy events. The catchment-lake area ratio is 414 large and flood in wash is a plausible mechanism (Schillereff et al., 2015). Lithogenic elements are not 415 uniform in their concentration, with broad multi-decade peaks early and late in zone 2. Organic 416 content for the most part varies inversely with the lithogenic elements. Zone 3 (1395–1490 CE): 417 comprises two stages, an early 3a with abundant biogenic silica content which increases at the 418 expense of both mineral and organic content. This relationship reverses with 3b comprising a 419 pronounced minerogenic layer. Lithogenic elements follow the trends in the total mineral content. 420 Sediment grain size fluctuates reflecting a continued contribution of higher energy in- wash events. 421 Declines in the degree of sorting, however resemble patterns in biogenic silica indicating a possible 422 contribution from diatoms to the grain size spectra. Zone 4 (1490–1610 CE): is dominated by peaks in 423 the Si:Al ratio and biogenic silica increasing to > 30 % of the sediment initially and latterly climbing to

424 maxima close to 50 %. These increases are at the expense of sharp declines in mineral content and 425 lithogenic elements. There is no inverse relationship with patterns in organic content, which declines 426 by 10 % through the zone. The sediment reflects a relatively stable catchment limiting the flux of 427 minerogenic materials to the lake and the lake is very productive. Zone 5 (1610–1785 CE): is marked 428 by the most substantial changes in the sequence, with organic content falling to < 10 % and mineral 429 content increasing to > 90 %. NIRS-inferred biogenic silica and the Si:Al ratio suggest either an 430 absence of algae or dissolution of diatoms. We exclude masking of a diatom signal by the increased 431 flux of mineral matter, because Si and Al are in ratio. There is increase in lithogenic elements 432 throughout the zone. Higher energy in-wash event (~18 layers) are represented by d90 peaks that 433 extend into the fine sand and by poorer sorting of these coarse units. In summary, the catchment has 434 shifted to a more erodible condition, and higher energy flows drove the sharper peaks in coarser 435 minerogenic influx. Zone 6 (1785–1860 CE): begins with declines in concentrations of lithogenic 436 elements and a minor dip in the total mineral content. These changes reflect greater organic content, 437 with little or no change in the proportion of biogenic silica. This recovery or increasing catchment 438 stability required to reduce the supply of lithogenic elements is short-lived and followed by further 439 layer of coarse sediment enriched with K, Zr and P denoting a further erosion episode. Zone 7 (1860-440 1910 CE): is unusual in commencing with falls in all lithogenic elements except for Si, a phenomenon 441 often associated with diatom rich sediments, but here NIRS-inferred diatoms and Si:Al ratio are both 442 low. Grain size increases sharply and so the unit comprises relatively pure quartz sand. Latterly, the 443 mineral content falls sharply, lithogenic elements continue at low concentrations, there is increased 444 organic content and a spike in biogenic silica, which is perhaps a lagged response by algal 445 communities in the lake to the influx of guartz sand to the lake. Zone 8 (1910–2015 CE): is marked by 446 relatively slow rates of sediment accumulation and in the early part a sharp in-wash layer dominated 447 by increases in all lithogenic elements. The product of greater erosion in the catchment, this layer 448 contains finer grain sizes than the Zone 7 quartz-dominated event, and it suppresses both the 449 biogenic silica and organic content. The last 50 years show a stabilization of the catchment reflect by

declines across all lithogenic elements, increasing the organic and biogenic silica content. There isminor mineral-rich layer near the top of the core profile.

452

453 The physical properties show substantial shifts in the flux of materials from catchment to the lake. 454 These take the form of shifts in the baseline chemistry and grain size, but also differing event scale 455 dynamics with greater frequency of in-wash layers/spikes, probably floods, during the extreme 456 erosive episode 1600–1790 CE. Together the physical properties show short-lived erosive episodes 457 1250–1300, 1340–1400, 1450–1500 and around 1550 CE, before a major regime change 1600–1790 458 and 1825–1860 CE. The peaks in minerogenic sediment supply reflect some form of catchment 459 disturbance, most likely perturbation of the forest cover; with the intervening lulls in minerogenic 460 sediment reflect system recovery. The last century shows slower rates of sediment accumulation but 461 includes a further minerogenic unit 1900–1950 CE before some recovery and a further minerogenic 462 influx event towards the top of the core.

463

464 3.2.3 Palynological records

465 Spruce was the dominant tree taxa in the forest vegetation during the last 800 years, with beech and 466 fir as minor components. Forest composition remained relatively constant during 1200–1900 CE and most notable changes occurred during the 20th century. Pollen record demonstrates the highest 467 468 average proportion (30 %) of Picea pollen from 1500 to 1610 CE (Fig. 6). There is circa 10 % 469 momentarily drop around 1630 CE, after which the values stay roughly at 25 % until the end of the 470 19th century. During the last 100 years of the record proportion of *Picea* pollen fluctuated between 471 18–30 %, with lowest values at 1920s, 1930s and 1990s and highest values at 1900s and 1960s. Fagus 472 pollen had the second highest values of an average of 15 % proportion of the forest composition 473 during 1500–1900 CE. Most notable changes in Fagus pollen record occurred during the last 100 474 years, when the highest Fagus pollen values (12-14 %) coincided with the decline in Picea pollen 475 around 1930–40s. The highest values (8–10 %) of Abies pollen occurred during the first half of the

| 476 | record from 13th to 16th century, followed by a gradual decline towards the present, especially |
|-----|--|
| 477 | during the last 100 years of the record. The increase in the pollen proportion of light demanding |
| 478 | early successional taxa, such as Acer, Populus, Salix, Sorbus, Epilobium, and Pteridium coincides with |
| 479 | the decrease in the main tree taxa during the last 100 years indicating forest openness. Proportions |
| 480 | of herbs and human indicator taxa, such as Cerealia-type, Secale cereale, Rumex sp. and Plantago sp., |
| 481 | increased slightly from 16 th century with a clear increase during the 20 th century, indicating the |
| 482 | opening of the landscape. More detailed pollen diagram can be found in Appendix A.3. |
| 483 | |
| 484 | Glomus fungal spores were used as an additional indicator of soil erosion, possibly caused by |
| 485 | disturbances in lake catchment (van Geel, 2002). Increase in influx of <i>Glomus</i> fungal spores indicating |
| 486 | enhanced soil erosion of topsoil in the lake catchment occur at 1350–1400, 1450s, 1520s, between |
| 487 | 1600–1780s, 1860s and 1950s (Fig. 6). |
| 488 | |
| 489 | [Figure 6.] |
| 490 | |

491 *3.2.3 Bark beetles*

492 The number of insect remains is typically low due to the small volume samples analyzed throughout 493 the lake sediment record resulting in mostly one or zero individuals of Scolytinae per sample. Both 494 primary and secondary bark beetle remains were found throughout the core. The top part of the 495 core from 1620 CE to the present (0–255 cm) contained notably higher amounts of beetle remains 496 than the lower part (255–322 cm) of the core. Remains of Ips typographus, the species causing the 497 most extensive mortality of Norway spruce, were found at 1270, 1290, 1630, 1700, 1800, 1880 and 498 1950 CE (Fig. 6). Remains from other primary bark beetles feeding on Norway spruce, Pityogenes 499 chalcographus, Pityogenes conjunctus, Polygraphus poligraphus and Polygraphus subopacus, were 500 found throughout the core but mainly between 1620–1820 CE. The highest occurrence of primary 501 bark beetles in single samples was found during the 1800s, where Ips typographus appeared

together with *Polygraphus poligraphus* and *P. subopacus*. Remains of secondary bark beetles
consisted of a variety of genera, attacking dead or dying conifer trees. In general, occurrences of
secondary bark beetles coincided with primary bark beetles or shortly after. A detailed list of the
identified Scolytinae species can be found in Appendix A.4.

506

507 *3.2.4 Fire history*

508 The amount of sedimentary charcoal is relatively low in both micro- and macroscopic charcoal 509 records, and in the macroscopic area measurements during the last 800 years (Fig. 6). All records 510 show increasing values from 1600s onwards. Results from CharAnalysis show that average SNI values 511 were above 3.0 for both micro- and macroscopic charcoal count records demonstrating the 512 suitability of both records to the peak detection analysis. Ten significant peaks in the microscopic 513 charcoal were recorded in Šumava NP during the last 800 years. Highest peak magnitude in 514 microscopic charcoal was recorded at 1710 and 1770 CE indicating more extensive regional (longer 515 distance from the lake) fire events. In macroscopic charcoal record four significant charcoal peaks 516 were recorded indicating possible fire events at 1710, 1750, 1900 and 1980 CE in the vicinity of the 517 Laka. The macroscopic charcoal area measurements show an slight increase around 1700 and 1750 518 CE and between 1900–1910 CE corresponding with the peaks in macroscopic charcoal counts. 519 However, there is a peak in macroscopic charcoal area measurements at 1840 CE that is not detected 520 in the macroscopic charcoal particle concentrations. A more detailed reconstruction of fire history 521 and the results of CharAnalysis can be found in Appendix A.5. 522

523 **4. Discussion**

524 4.1 Increasing disturbances from 1600s

525 Multidisciplinary dataset of palaeoecological and dendrochronological records demonstrated

526 reoccurring disturbances in central European mountain spruce forest during the last 800 years (Fig.

6). Increases in *Glomus* spores together with the increase in lithogenic elements from 1600s suggest

528 changes to the catchment erosion regime. Coarse laminations in the more minerogenic episodes 529 reflect that higher flows (floods) are interacting with a landscape that is in general more susceptible 530 to erosion. This change coincides with the increase in sedimentary charcoal records and with the 531 continuous occurrence of fossil bark beetle remains. This change in the erosion regime is most likely 532 triggered by an increase in disturbance rate in the study area from 1600s. Tree-ring records 533 demonstrate period of severe disturbances in the lake surroundings between 1780–1820 CE. 534 Sedimentary records reveal that the period of more severe and/or frequent disturbances started at 535 the beginning of the 17th century. There is no local tree-ring data for the 17th century, but the 536 regional disturbance reconstruction from whole Šumava region demonstrated potentially extensive 537 disturbance event around 1620s (Čada et al., 2016a). While disturbance reconstruction based on 538 tree-ring records and physical proxies reflecting the erosional events give an indication of the 539 occurrence and timing of the disturbance events around the lake catchment, fossil bark beetle 540 remains, and charcoal records provide insights for the possible causes of the disturbances.

541

542 Morris et al. (2015) suggested that even low numbers of fossil bark beetle remains in lake sediments 543 may indicate disturbances and it is plausible that the continuous presence of fossil bark beetle 544 remains, although in low numbers, from 1600s is linked to increasing frequency of bark beetle 545 disturbances. Presence of three different species of primary and two species of secondary bark 546 beetle in fossil record between 1700–1720 CE coincides with the historical documents recording 547 insect outbreaks in the area around 1720s (Zatloukal, 1998; Brádzil, 2004; Jelínek, 2005). The highest 548 number of different primary and secondary bark beetle species around 1800s coincide with the 549 period of maximum disturbance indicated in the tree-ring based disturbance signal and sedimentary 550 records. It is plausible that disturbances in the early 1800s might have resulted from the joint effect 551 of insect outbreak indicated in the fossil record and windthrows documented in the archival 552 documents (see Čada et al., 2016a). The effect of outbreaks on the amount of fossil bark beetle 553 remains accumulating into lake sedimentary basin is still unknown. Therefore, it could be only

554 speculated that the presence of fossil bark beetles during the disturbance events at 1380–1400 and 555 1510–1530 CE, indicated by the soil erosion (increased flux of lithogenic elements and Glomus 556 spores), could have been at least partly caused by bark beetle outbreaks. The periods of absence of 557 bark beetle fossils before 1600s, coincide with the periods of low disturbance rate indicated by both 558 tree-ring and sedimentary records. Bark beetle population were probably smaller during these 559 periods and did not cause more extensive tree mortality. This may be, because bark beetle outbreaks 560 are not only triggered by favorable climatic conditions, such as warm and dry weather, but also by 561 stand structural characteristics (older and bigger trees are more sensitive to bark beetles) and related 562 windthrows (Seidl et al., 2011; Thom et al., 2013). In general, these results suggest that bark beetle 563 outbreaks have been an important part of the disturbance regime in mountain spruce forests for a 564 long time and that windstorms and insect outbreaks are the main and intimately related disturbance 565 agents in central European mountain spruce forests (e.g. Svoboda et al., 2013; Seidl et al., 2014; Čada 566 et al., 2016a). We also found that these disturbance agents may produce a substantial response in 567 erosion regime of the affected areas. Comparison of the fossil bark beetle remains together with 568 dendrochronological reconstruction is promising and may provide more exact information about past 569 bark beetle outbreaks, but further development of the method with more extensive dataset is 570 needed.

571

572 Compared to windthrows and bark beetle outbreaks, fire disturbances have not been studied 573 intensively in central European mountain spruce forest probably because there are very few known 574 recent natural fires in these forests (Feurdean et al., 2017). Our sedimentary disturbance record 575 revealed the presence of fires in the history of the studied area and it suggests increased fire activity 576 from the 1600 CE onwards. The more pronounced increase in microscopic charcoal compared to 577 macroscopic charcoal most probably indicates regional fires, rather than local fires in the lake 578 catchment. However, macroscopic charcoal records suggest four local fire events in the lake 579 catchment from which the significant peak around 1800 CE is recorded in both micro- and

580 macroscopic charcoal records, and coincides with the period of the most severe disturbances 581 indicated by tree-ring records, with erosional indicators and with the highest number of bark beetle 582 taxa. As there are no significant changes in forest composition in connection to these events, it is 583 likely that no substantial stand-replacing fires, but rather small and very local fires occurred in the 584 study area. Fires may have been connected to the increasing fuel load from windthrows and bark 585 beetle infested dying trees. Similar co-occurrence of bark beetle outbreak and fires were observed 586 after the severe windthrow at 2004 in Tatra mountains (Fleischer et al., 2017). However, it is also 587 important to note that these fires may have been also connected to the increased human influence 588 in the area. Although, fires have been scarce around the study site during the last millennia, our 589 results together with a recent study by Carter et al. (2018) demonstrated that fires have been part of 590 the long-term disturbance dynamics in Šumava NP. Furthermore, the recent report of European 591 commission EIP-AGRI focus group (2019) identified the increasing fire risk in temperate continental 592 zone and mountain forests as one of the probable climate change impacts. Therefore, it is vital to 593 acknowledge the role of fires in the past disturbance history and the probable future role of fires in 594 the management plans of the temperate mountain spruce forests.

595

596 In general, the long-term disturbance dynamics derived from both denrochronological and 597 palaeoecological records demonstrate the co-occurrence of multiple disturbance factors such as 598 windthrows, bark beetles and fires. Similar interaction of different disturbance agents has been 599 reported also in previous studies (e.g. Brunelle et al., 2008; Holeksa et al., 2016; Nagel et al., 2017; 600 Šoltěs et al., 2010). Hence, the future forest management and conservation strategies should 601 acknowledge that multiple disturbance factors, such as windthrows, bark beetles, and fires may 602 occur simultaneously creating a complex disturbance regime in mountain forests affecting the forests 603 composition and structure.

604

605 4.2. Stable forest composition until the end of the 20th century

Despite the fact that the studied spruce forest was subjected to relatively extensive disturbances during 1600–1900 CE, only minor changes in the pollen composition were recorded in this period. However, the most notable changes in pollen composition that could relate to forest disturbances were recorded at the beginning of the 20th century, when only small disturbance events were indicated by dendrochronological analyses. The decline in *Picea* pollen during the 1930s and 1970s together with an increase of landscape openness indicators may be connected to the windstorms recorded in historical documents (Brádzil, 2004).

613

614 More intensive and/or proximal anthropogenic disturbance near the lake during last 100 years could 615 also explain the shift in pollen composition. Current forest structure indicates localized clearings and 616 management in the surrounding forest and along the lake shore, this coincides with an increase of 617 cultivated plants observed in the pollen taxa during the 20th century. It is also plausible that human 618 induced air pollution peaked in the region during the 1950–1980s affected the physiology of the 619 mature trees (Kopáček et al., 2001; Čada et al., 2016b), which may have resulted in lower pollen 620 production and hence more notable changes in the pollen records corresponding to disturbance 621 events during the last 100 years.

622

623 4.3 Integration of dendrochronological and sedimentary data

624 In the integration of tree-ring and sedimentary data, the biggest challenge lies in the unambiguous 625 temporal and spatial correlation of these two different datasets. We expected that the disturbance-626 related mortality of mature trees, indicated by tree-ring records and resulting in a likely decrease in 627 spruce trees, would be accompanied by a decrease in the proportion of spruce pollen in the 628 sedimentary pollen record. However, pollen records of the main tree taxa did not indicate 629 substantial compositional changes during the major disturbance events revealed by 630 dendrochronology around 1800s. There are multiple reasons for this discrepancy. It is probable that 631 although Laka is a small lake, the relative source area of pollen extends beyond the lake catchment

632 due to the strong upscaling winds in the mountain region that may bring regional rather than local 633 pollen signals (e.g. Bunting et al., 2008; van der Knaap, 2010), whereas the disturbance signal from 634 tree-rings is very local. The relatively high proportion of *Corylus* pollen supports this notion, as the 635 closest hazel population is located at a lower elevation circa 1–2 km from the study site. Whereas the 636 pollen record reflects the vegetation from all directions surrounding Laka, the tree-ring record based 637 on 6 study plots is highly localized and all plots are located on the slope above the southern edge of 638 the lake in the old growth stand. Therefore, the source area for the pollen record derived from a lake 639 sediments and the disturbance signal from individual tree-ring study plots may have notably different 640 spatial scale.

641

642 Other explanations for the lack of any clear response between the pollen record and the extensive 643 disturbance events based on tree-ring data may be related to pollen production. It is possible that 644 the canopy opening was only moderate, when the whole canopy area is considered and that the 645 pollen production in remaining trees increased in response to disturbance due to increased light and 646 nutrient availability, or that the trees in the closest proximity of the lake might have survived 647 disturbance events and subsequently influence the pollen record. Furthermore, as windthrows and 648 bark beetle outbreaks kill mainly the mature trees, the younger, surviving trees continue or quickly 649 start to produce pollen and hence there may be a weaker signal in the pollen records compared to 650 e.g. notable changes in the pollen composition seen after severe stand-replacing fire event. It is 651 therefore probable that patchy forest disturbances driven primarily by wind and insect outbreaks 652 (Čada et al., 2016a) are not necessarily reflected in the main tree pollen taxa derived from lake 653 sediments.

654

From our knowledge, this is the first study to compare tree-ring based and sedimentary disturbance
records in order to construct more precise disturbance reconstruction. Although, integration of these
two different data sets can be challenging, the information derived from both records are

658 complementing and when combined can provide valuable insights into the cause, extent and 659 consequences of the disturbance events. It is noteworthy that sedimentary records that most likely 660 have originated from the lake catchment, such as fossil beetle remains indicating bark beetle 661 outbreaks, macroscopic charcoal indicating local fires, high values of Glomus spores together with 662 increase in physical and geochemical properties indicating soil erosion, demonstrate similar trends to 663 those reconstructed using tree-ring data. This allows the interpretation of possible causes behind the 664 disturbance events indicated by tree-ring record. Furthermore, comparison of sedimentary records 665 to the tree-ring records demonstrated that all disturbances are not necessarily visible in the pollen 666 record, but may still have important impact on the forest structure, especially when caused by 667 disturbance agents that affect just specific age cohorts, such as windstorms or insect outbreaks. 668 Finally, with the palaeoecological and sedimentological records we were able to extend the 669 disturbance reconstruction beyond the length of the tree-ring chronology (age of tree generation) 670 and demonstrate changes in the disturbance regime, which were not detectable in the 671 dendrochronological records. In future, the challenges in the integration of multidisciplinary data 672 that have different spatial and temporal limitation could be overcome with using more local sampling 673 sites (e.g. small hollows) for palaeoecological data or more regional set of dendrochronological study 674 plots. To overcome the offset in the temporal resolution of the different records would require even 675 more high-resolution sedimentary records and high chronological control of the samples.

676

677 **5. Conclusions**

678 Comparison of disturbance records from multidisciplinary data can provide important insight into the 679 disturbance agents and the changes in forest composition. Multidisciplinary data demonstrate more 680 frequent disturbance events and heightened catchment erosion from the 1600s in the study area. 681 This suggests that there has been long-term shift in disturbance history, that could not have been 682 detected solely with dendrochronological record. Although, windstorms and insect outbreaks are

683 considered as main disturbance factors in the mountain spruce forest, the role of fires should not be684 ignored in the future forest management and conservation strategies.

685

686 This study highlights the importance of spatial and temporal consideration when integrating 687 multidisciplinary datasets. We demonstrated that sedimentary proxies that originates from the lake 688 catchment appear to mirror patterns in the tree-ring based disturbance signal. As the spatial scale of 689 the datasets used may largely explain the discrepancies between palynological and tree-ring records, 690 there is need for developing more precise analytical methods to integrate dendrochronological, 691 sedimentological and palaeoecological data from spatially more constrained sites as from small 692 forest hollows or if lake sediment is used comparison should be conducted with more larger 693 dendrochronological data set. 694 695 Authors' contributions 696 NK, JLC (PI) and VČ conceived the idea and designed the study; NK, VČ, KH, NBS, MK, RCC, JFB, JLC 697 collected and produced the data. NK, VČ, RC and JLC did the data analysis. All authors participated to

the interpretation of data. NK led the writing of the manuscript. All authors contributed to the draftsand gave approval for the publication of the final manuscript.

700

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1008 Figures and captions:



1010 Figure 1. Research area in Bohemian/Bavarian forest is marked in the map on the right with red

- 1011 square and map in left shows the study area with coring site (star) and dendrochronological study
- 1012 plots (dots).

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Figure 2. 'Bacon' age-depth model for the integrated Laka core based on seven radiocarbon ages and
 the ²¹⁰Pb and ¹³⁷Cs radionuclide dating series.



1018Figure 3. Tree-ring based disturbance history of the forest stand in the catchment of Laka, Šumava1019NP, Czech Republic. Decadal resolved disturbance rate (columns) showing the proportion of affected1020trees was compiled from 6 study plots with 224 trees located throughout the catchment. The trend1021in number of available individual tree-ring series (tree age-structure) is shown with red dashed line.1022



Figure 4. Biplot of Principal Component Analysis axes 1 and 2 calculating for geochemical, NIRS end
 member components and grain size parameters (d90, d50 and sorting) showing three distinct
 groupings of parameters. Sample PCA coordinates are colored by zones delimited using a
 stratigraphical cluster analysis for all variables.



1029 Figure 5. Physical properties for the Laka sediment profile plotted against the age-depth model (cal.

1030 years CE) showing the relative proportions of NIRS-inferred mineral and organic content, element

1031 concentrations (ED-XRF) for K, Zr and P, degree of sorting, d90 and d90 of the grain size distributions,

and NIRS inferred biogenic silica alongside the Si:Al element ratio. The dendrogram reports a

1033 stratigraphical cluster analysis for all variables standardized to mean = 0 and ± 1 standard deviation,

1034 which informed the zone boundaries (1-8).



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Figure 6. Diagram showing tree-ring based disturbance signal in decadal resolution, mineral content
(%), grain size (µm) and Kalium (mg/g) as sedimentological proxies for erosion in the lake catchment
and palaeoecological proxies Glomus fungal spore influx, macroscopic charcoal concentrations
(particles cm⁻³) and area measurements (mm² cm⁻³), microscopic charcoal influx, presence of primary
(P) and secondary (S) bark beetles, pollen curves for main forest forming tree taxa *Abies, Picea* and *Fagus*, sum of herbaceous pollen taxa sum of human indicator pollen taxa (*Cerealia* sp., *Secale*, *Plantago* sp. *Rumex*) and *Poaceae* in 10 year temporal resolution.